



# ASD ITTORYUKAI XI KENDO SUMMMER CAMP Under 21

August 18th – 24th 2024  
ALASSIO (SAVONA) – Italy



CONFEDERAZIONE  
ITALIANA KENDO



This year the Kendo Kids Summer Camp will be held in a beautiful location, on the seaside: Alassio, in Liguria region.

As usual we want to give our best for the young kendo kids.

We'll be on the seaside, so there will be many chances to have fun with friends. Training will be held in the close PALARAVIZZA, a basketball hall with a good wooden floor.

The Summer Camp theme is "FRIENDHIP", so the goal of everything will be "working with other people, enjoying and sweating together".

There will be many friends from other countries, kids and also teachers; this is a really great opportunity to learn different ways on approaching Kendo, as also a good chance as a personal grow.

**!!!! Shimomura Sensei will lead the Camp as last year !!!**

All food included in the fee, from the dinner of 18<sup>th</sup> to the breakfast of 24<sup>th</sup> morning.

About the practice, the purpose is to perform and study all the parts of Kendo: suburi, kata, kihon , jigeiko, shiai, uchikomi. According to the level and the age there will be probably 3 different groups of practice. Keiko is hard but there is enough time to rest and to have fun.

Asageiko also will be performed, according to the level and in any case will be in a free way (probably from 7:00 to 7:40 am)

**The course is aimed for kids from 9 to 21 years old.**

## WHERE??



***Residenza Sorriso Dei Bimbi Via Luigi Borri 23, Alassio (SV)***

## PRACTICE ??



***Palazzetto dello Sport Palaravizza - Alassio (SV)***  
*( 5 minutes walking)*

## GENERAL PROGRAM

7:30 Wake up  
8:00-8:45 Breakfast  
9:30-12:00 Keiko  
12:30- 13:30 Lunch time  
14:00- 15:00 Rest  
15:00 16:30 Game/sport/seaside/activities  
17:00-19:00 Keiko  
20:00 Dinner  
22.00 Turn off the lights

This is the General program, but some details could be change and arranged day by day.

EQUIPMENT NEEDED: your kendo stuff! 2 Keikogi, 2 shinai, bokuto, bogu. Swimsuit and swim towel. Sun protection: cream, hat. Trainers for runnings.

STUFF TO NOT BRING: Videogames, tablets and electronic devices are not allowed in the camp. Mobile phones will be keep in a case from the start of the camp and give back at the end. For any urgent communications, you can call +39 3273848994 anytime.

Waiting for you !!! Further information will be available soon, for now save the date !!!

For any information or answer please contact us at:

[Kendosummercamp@gmail.com](mailto:Kendosummercamp@gmail.com)

**DADO BRIVIO**  
**ITTORYUKAI**  
**+39 327 3848994**

## MODULO ISCRIZIONE / ENTRY FORM KENDO SUMMER CAMP

NOME e COGNOME/NAME and SURNAME \_\_\_\_\_

INDIRIZZO/ADDRESS \_\_\_\_\_

Città /City \_\_\_\_\_ Provincia \_\_\_\_\_ Stato/Country \_\_\_\_\_

e-mail \_\_\_\_\_

Data di nascita/Date of birth \_\_\_\_\_

Luogo di nascita/Place of birth \_\_\_\_\_

Nazionalità/ Nationality \_\_\_\_\_

Tel/phone: \_\_\_\_\_

Madre/Mother \_\_\_\_\_ Cell/Mobile \_\_\_\_\_

Padre/Father \_\_\_\_\_ Cell/Mobile \_\_\_\_\_

Da quanto tempo pratica Kendo/How long have you practising Kendo?:

Bogu :  si /yes  no

Livello/level: \_\_\_\_\_ DAN / \_\_\_\_\_ KYU

Intolleranze/ allergie-intolerances /allergies :  si/yes  no

Quali/which? \_\_\_\_\_

Uso medicine/Medicines: \_\_\_\_\_

### ***Summer Camp***

Luogo / Place : ALASSIO ( SV)- Liguria - Italy

Arrivo Domenica pomeriggio 18 Agosto e partenza Sabato 24 Agosto alla mattina  
From Sunday August 18th afternoon to Saturday August 24th morning

Data/Date

FIRMA DEL GENITORE/ PARENT'S SIGNATURE

---

---